



# **INTERNATIONAL INTERNATIONAL POWERLIFTING MEET ARRANGED HERE**

Are you a drug-free lifter? Do you have a T-shirt and shorts plus access to some means of recording video? Want to compete with lifters from the whole world and have fun while at it? Yes, in this very gym, for free!

If you find yourself nodding, nodding, nodding... WELCOME TO OUR WORLD! At our meets, everybody lifts at their own gyms and submits video footage of their lifts over the Internet for judging. No qualified spotters? We encourage the use of power racks for safety. Prize money? Trophies? Official results? No, nope, definitively not. Goals to shoot for? Novel challenges? New friends? YOU BETCHA!

For the latest meet schedule and further information, join us at

**[HTTP://VIRTUALMEET.NET](http://VIRTUALMEET.NET)**